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## The Doctrine of Narcissism

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## The Doctrine of Narcissism

The Doctrine of Narcissism is misunderstood in contemporary society. The Doctrine is more than a perspective one takes; it is a way of life. As a devoted practitioner I chose to explore this subject in order to articulate what Narcissism is both for myself and for others. To be a modern day Narcissist differs from its literal definition, which is "love or sexual desire for one's own body" (Merriam-Webster). It must be understood that the Doctrine of Narcissism, which is the foundational text for the practice, is grounded in a self-obsession, not self-love.

The Doctrine can be divided into five central laws:

1. One must fully devote oneself to fulfilling one's desired idea of who they can be.
2. One must dogmatically create an individual identity and appearance.
3. One must function in society, but live in their self-created world.
4. One must understand that not only is their meaning in life, but they are meaning itself.
5. One must not question the five central laws in the Doctrine of Narcissism.

I urge everyone to pursue this way of life. If you do, you will realize the fun of a romanticized existence towards the fulfillment of an idealized identity. Although most can thrive in the exciting drama of the everyday life as a devout Narcissist, I must warn you that the weakest do crack. There are two primary reasons why people fall apart. To pursue a lifestyle that purposely distorts one's own sense of self is inherently risky. In our practice, we acknowledge that "one must remind themselves that they are the ruler of their own universe, but not of others" and that "[everyone] owns their individual life and may choose to believe in whatever they wish" (*Doctrine of Narcissism*, P. 16). For we, in our faith, oppose those who wish to force their ideas onto others. The second struggle is to avoid doubt. Questions always lead to unhappiness. I urge people not to look too deeply into their concerns, whatever they may be. I have faith in the Doctrine of Narcissism.