

The Psychodiagnostic Chart-2 (PDC-2)

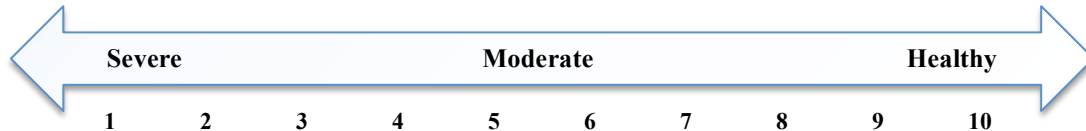
The Operationalized PDM-2 - Adult version • © 2012, 2015 Robert M. Gordon and Robert F. Bornstein

Name: _____ Age: _____ Gender: _____ Ethnicity: _____

Date of Evaluation: ____/____/____ Evaluator: _____

Section I: Level of Personality Organization

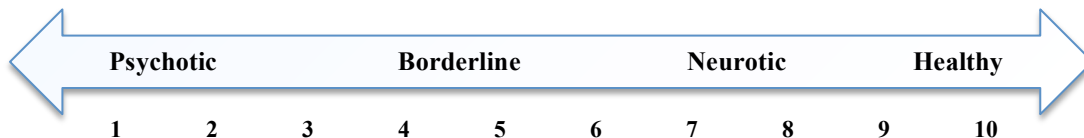
Rate each of your client's seven capacities on a scale from 1 (Severely impaired) to 10 (Healthy).



1. **Identity:** *ability to view self in complex, stable, and accurate ways* _____
2. **Object Relations:** *ability to maintain intimate, stable, and satisfying relationships* _____
3. **Affect Tolerance:** *ability to experience the full range of age-expected emotions* _____
4. **Affect Regulation and level of defenses:** (using the guide below, select a single number) _____
 - 1-2: Psychotic level (delusional projection, psychotic denial, psychotic distortion)
 - 3-5: Borderline level (splitting, projective identification, idealization/devaluation, denial, acting out)
 - 6-8: Neurotic level (repression, reaction formation, intellectualization, displacement, undoing)
 - 9-10: Healthy level (anticipation, self-assertion, sublimation, suppression, altruism, and humor)
5. **Superego Integration:** *ability to use a consistent and mature moral sensibility* _____
6. **Reality Testing:** *ability to appreciate conventional notions of what is realistic* _____
7. **Ego Resilience:** *ability to respond to and recover from stress resourcefully* _____

Overall Personality Organization

Considering the ratings and your clinical judgment, circle your client's overall personality organization.



Healthy Personality- characterized by mostly 9-10 scores, life problems rarely get out of hand and enough flexibility to accommodate to challenging realities.

Neurotic Level- characterized by mostly 6-8 scores, basically a good sense of identity, good reality testing, mostly good intimacies, fair resiliency, fair affect tolerance and regulation, rigidity and limited range of defenses and coping mechanisms, favors defenses such as repression, reaction formation, rationalization, displacement, and undoing.

Borderline Level- characterized by mostly 3-5 scores, recurrent relational problems, difficulty with affect tolerance and regulation, poor impulse control, poor sense of identity, poor resiliency, favors defenses such as splitting, projective identification, idealization/devaluation, denial, and acting out.

Psychotic Level- characterized by mostly 1-2 scores, delusional thinking, poor reality testing and mood regulation, extreme difficulty functioning in work and relationships favors defenses such as delusional projection, psychotic denial, and psychotic distortion.

(There are no sharp cutoffs between categories. Use your clinical judgment.)

Section II: Personality Patterns or Disorders

These are relatively stable patterns of thinking, feeling, behaving and relating to others. Normal level personality patterns do not involve impairment, while personality disorders involve impairment at the neurotic, borderline, or psychotic level.

First, check off as many personality styles as apply for your client from the list below; and then circle the one or two dominant personality styles.

(For research purposes, you may also rate the level of severity for all styles, using a 1-5 scale: 1 = Severe Level; 3 = Moderate Severity; and 5 = High Functioning and No Traits).

	<i>Level of Severity</i>		<i>Level of Severity</i>
<input type="checkbox"/> Schizoid	___	<input type="checkbox"/> Somatizing	___
<input type="checkbox"/> Paranoid	___	<input type="checkbox"/> Dependent	___
<input type="checkbox"/> Psychopathic (Antisocial)	___	<input type="radio"/> Subtype: passive-aggressive	___
<input type="radio"/> Subtype: passive-parasitic	___	<input type="radio"/> Converse: counterdependent	___
<input type="radio"/> Subtype: aggressive	___	<input type="checkbox"/> Phobic (avoidant)	___
<input type="checkbox"/> Narcissistic	___	<input type="radio"/> Converse: counterphobic	___
<input type="radio"/> Subtype: arrogant-entitled	___	<input type="checkbox"/> Anxious	___
<input type="radio"/> Subtype: depressed-depleted	___	<input type="checkbox"/> Obsessive-compulsive	___
<input type="checkbox"/> Sadistic	___	<input type="radio"/> Subtype: obsessive	___
<input type="radio"/> Intermediate manifestation: Sadomasochistic	___	<input type="radio"/> Subtype: compulsive	___
<input type="checkbox"/> Masochistic (Self-defeating)	___	<input type="checkbox"/> Hysterical (Histrionic)	___
<input type="radio"/> Subtype: moral masochistic	___	<input type="radio"/> Subtype: inhibited	___
<input type="radio"/> Subtype: relational masochistic	___	<input type="radio"/> Subtype: demonstrative	___
<input type="checkbox"/> Depressive	___	<input type="checkbox"/> Dissociative	___
<input type="radio"/> Subtype: introjective	___	<input type="checkbox"/> Mixed/other	___
<input type="radio"/> Subtype: anaclitic	___		
<input type="radio"/> Converse: hypomanic	___		

Section III: Mental Functioning

Rate your client's level of strength or weakness on each of the 12 mental functions below.



A. Cognitive and affective processes

- 1. Capacity for regulation, attention, and learning _____
- 2. Capacity for affective range, communication, and understanding _____
- 3. Capacity for mentalization and reflective functioning _____

B. Identity and relationships

- 4. Capacity for differentiation and integration (identity) _____
- 5. Capacity for relationships and intimacy _____
- 6. Self-esteem regulation and quality of internal experience _____

C. Defense and coping

- 7. Impulse control and regulation _____
- 8. Defensive functioning _____
- 9. Adaptation, resiliency and strength _____

D. Self-awareness and self-direction

- 10. Self-observing capacities (psychological mindedness) _____
- 11. Capacity to construct and use internal standards and ideals _____
- 12. Meaning and purpose _____

Section IV: Manifest Symptoms and Concerns

List as many as apply from the PDM, ICD or DSM. (*Ex. psychosis, mood disorder, anxiety disorder, adjustment disorder, somatizations, substance abuse, etc.*)



- Symptom/Concern: _____ Level: ____
- Symptom/Concern: _____ Level: ____
- Symptom/Concern: _____ Level: ____
- Symptom/Concern: _____ Level: ____

Section V: Cultural, Contextual and Other Relevant Considerations
