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Personality disorders with emphasis on narcissistic issues in relation to children

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I had a dream!

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I had a dream, probably originating in the genes, about being a father for my two children, following their upbringing, teaching them about the world, play with them, bring them to training, sharing their joys and sorrows, help them out, be a good father to them. On the whole, be there for them. For a while I was there for my first daughter, the mother boasting of my ability to take care of the kids, change diapers, feed and walk on trips.

After my second daughter was born, I began to understand what I had long felt, something was fundamentally wrong. I ended up trying to understand the hidden "madness" their mother's behavior constituted. Woman if exterior charm I fell for and whose traumatic childhood story sparked my instinctive protection. Her "help seeking" behavior could not be rejected. After nine years, I realized that this "perfect" facade covered a personality so twisted that one must have experienced it to understand it, and even then one in doubt.



Normals is not taught to believe anyone could be so sadistic, so incredibly neglectful of the basic needs, so self-centered focused while at the same time assume the role of victim. And especially not the closest family. On the contrary, we are taught to reject such thinking. We are taught tolerance, and presumably I have a high tolerance for deviation, holding out as long as i did. However, empirical experience has taught me a different reality, some personalities exploit others' tolerance, they live on it, in the absence of tolerance for them selves and others. The condescending words and "the black eye" makes a difference .

I and the children had to get away, they ould be damaged from this, I filed for divorce. I could no longer be the chopping block for my wife's erratic attacks and fancies, which always had in common that she was the victim. Especially violation of her grandiose self by me or others, led to these hysterical psychotic breakdowns in the facade where she went insane. Shattering all that was in range, screamed in a way only found in severe menatal breakdowns. No matter what triggered the hysterical attacks, there were always other to blame. After the attacks came the regret, it will not happen again, " *its the fear that controls me.*" Again, it was not her... I believed in her and hoped! When you no longer want to go home because you have no idea what personality you meet, then it is time to think about the children's best interests.

In my naivety I helped my ex with new housing, money and the practical before I seriously got insight into the ultimalte evil, the total lack of empathy, the cynical manipulation and sadism which obviously covered the need for enjoyment of humiliation in others. Nobody divorce unpunished from a grandiose person like this. She come to me and my child after divorce, broke the front door and destroyed the apartment with the children present before the police and child welfare had her removed. But again, she was the "victim", pitty her and to hell with anybody whom thought differently! Posing as a victim while trampling on others, requiers special features. We do not learn about these, no one believe anyone can be like that.

So calculating and cunning that reality was turned upside down. We talk about logical errors of unknown proportions. You do not believe it even if you see it, you have to feel it to understand and you have to feel it for a long time. A normal brain just aint able to percive this kind of behavior. Nobody is equipped with a cognition to truly understand such behavior. It took me many years and thousands of pages to understand that it was the *narcissistic dynamics* I encountered.

Meeting with the system who should help children in conflict confirmed only the absence of knowledge of this total irrationality I had gained insight in. Those who portrayed themselves as guarantors for the child's best interests, became the child's worst enemies. Expert psychologists, childcare, judges, doctors, psychiatrists, teachers, ... the system was manipulated and obviously lacking in knowledge. Naively I thought they had knowledge, they would see through the same facade I had documented, if only in the children's best interests. I could not be more wrong. Instead of protecting children, the system protected this disturbed mom!

The documents were very clear, but I ignored an important factor, my ex's lawyer. She constituted a class of her own. Without her cynical participation, planning, extreme falsehood, distortion of reality, my ex would not managed to carry on like this. Before

you understand this, you think it is something wrong with your self. "Everybody" could not be wrong? Or?

To put it like Dr. Philos Kari Killen & al. wrote in the journal of the Norwegian Medical Association, 2013, No. 1, p.16, when they asked the question: *Why do we ignore child abuse?* :

"It is too long distance between available knowledge and those who shall use it. "

The system had no and have no knowledge, for those who outwardly appears as "*God's gift to the children*" can be the child's worst enemy. But knowledge exist. The problem lies in the perception of the beholder. From being described as the good father, I was suddenly the "psychopath" that could damage both the children and their "poor mother". Mothers doctor described me like this, after I filed for divorce, a doctor I've never met. She based her description on my ex.wifes statements.

Mothers psychiatrist said she had referred to me only in positive terms! This dubble communication, where my ex in 50 letters through the marriage praised me for my ability as a father and husband, while she describes me as a psychopath to her doctor, while psychiatrist believed she talked positively about me, while her lawyer described me as a danger for all women and children, requires deep insight into the disturbed minds, to understand. The system does not have such knowledge.

No one understood mothers ***projective identification*** and all the other primitive psychological defense mechanisms, and suddenly it was the expert I demanded appointed, in an uncritical faith of authorities, also concluded that I was harmful to my children. Shure, I had positive aspects, but built on undocumented claims from the mother, I was portrayed as *her* own personality, totally unsuitable! Projection its called, without that got someone to react. The doctor I had never seen, had said it, it was my wife's lies! Authorities does not makes mistakes, or? For a moment I believed it myself, because so many others believe it! Until i thought og Einsteins famous quotation:

"There is of no scientific interest how many scientists supporting a theories. A theory is leading as long as it can best explain the relevant observations, and one experiment is enough to disprove the theory. Basic skepticism about the current theories is thus a major driving force in the development of science."

There was nothing about the experts perception of my ex.wife that could be documented, on the conterary, her deviant behavior was well documented. Of course she got custody of the children while they got visitation *once a month!* The psychologist believed that it should be supervised after I documented her lies in court. Experts dont like to be unmasked.

But something was not right, the documents objective truth, years of visitation sabotage and violence against children, did not match the system's subjective perception of the mother and the father. She used all the right words, I should get extended visitation if she had the children, but did the opposite, sabotaged every visitation. She wanted open communication for the children, but when they called she listened to what they said and

broke the connection as soon as it was bad for her self. No one cared. She was a "victim" and besides, she was a mother.

How could the child's problems grow in the absence of this "terrible father"? The children lost visitation, sexual abuse by stepfather was documented in the judicial examination, none lifted a finger to help the children. My ex.wife even sent pictures of stepfather kissing my children on the mouth. Probably attempting to hurt my feelings. They eventually ended up with *Child Psychiatry Division*, deeply depressed, did not want to live anymore. But nothing happened, on the contrary, the children were forced by childcare to say the abuse did not happen, to make it fit my ex.wife's undocumented false claims. Again she was a "victim", and that requires an aggressor ... the father. No one saw that the real aggressor behind maternal behavior was her *own* father, from the time she was small and he was drunk!

14 years later, 14 lawsuits later, numerous experts, numerous broken agreements, a lot of money wasted and coercive fines against mother, I have lost all contact with my youngest daughter. The elder daughter chose eventually stay with me, she understood her mother's deviant behavior. She understood that maternal psychotic outburst was not good for her. She realized that if she lived with me, she would be able to meet her mother, not vice versa. Her contact with her little sister is currently minimal. Mother made sure to destroy all attachment, "for the children's best" of course, with the systems approval as an alibi.

The youngest is a PAS child (parent alienation). Threatened, manipulated and intimidated to be afraid to meet her father. I understand her, to constantly hear mother would commit suicide if you visit your father, or if you go on vacation with your father you come home in a coffin, do not give a child a choice, it must protect itself by distancing from the origin of her own father. The child must play the role as the mother's narcissistic supply. The child's repudiation of her father, denial of herself, was the mother's enjoyment of violation of both the child and the father. How mother was violated, she now violates her children.

My youngest daughter's future is forever destroyed, just as quality of life, longevity too, with the help of the system. How mother suffered trauma of her own parents, she now inflicts trauma on her own children and anyone who threatens her use of the child as *narcissistic supply*. The caring, mother learned from her parents, she now teaches her children. She knows no different, and what is known feels safer than the unknown, even if it hurts. Narcissistic disorder is brought forward by social heritage.

Today my daughter suffers from diabetes 1 through many years of chronic stress from her mother. Today the mother acts as guardian of her sick child, she is a "good mother" you know, only she can take care of this child's problems, problems she inflicted on the child herself. This is Munchausen by proxy dynamics.

Øyvind Kvello (2010) describes this dynamic in detail s.304: "*In making the child sick parents may be perceived by others as completely heroic caring, and by portraying the child as demanding they may be perceived by others as skilled and patient. The common denominator for them is that the parent is trying to portray themselves so that they are*

perceived as exceptional parents and thus receives confirmation from others or get sympathy and compassion”.

Ambient naive confirmation filled for a short while, mothers uncovered needs, before she again violates the child on the roughest, from the inside. The same stress I tried saving the kids away from, they were forced to live with by the system. Their fine titles exceeded knowledge and facts. Knowledge of these emotional predators exist, but not where it should have been, for mine and others children. Sjøgren (2011, s.483) in *Familys right to family*, describes this in detail (in swedish):

Pappor och mammor som avskiljer sitt barn från den andra föräldern har något gemensamt. Det rör sig om vuxna som inte kan skilja sina egna behov från barnens behov. Det är en självklarhet för de allra flesta föräldrar att deras barn behöver både sin mamma och sin pappa och kontakt med sina olika familjenätverk för att barnen själva ska må bra.

Den förälder som agerar så att barnet/barnen i samband med de vuxnas separation, också separeras från den andra föräldern och den förälderns nätverk, uppvisar bristande föräldraförmåga. Det rör sig oftast om någon form av empatistörning hos denna vuxna, en störning som ofta inte uppfattas av omgivningen. De olika befattningshavare som har med familjen att göra får ofta ett mycket positivt intryck av denna förälder. Denna förälder har oftast en speciell social begåvning; han eller hon vet hur de skall ge ett gott intryck, bl.a. genom en hjälpsökande attityd. Hjälparna uppfattar inte att denna förälder använder barnet för egna syften och behov, eftersom det som verbalt uttalas är motsatsen. Denna förälder talar oftast negativt om den andra föräldern, och anför t.ex. att denna förälder agerar utifrån egna behov, inte förstår barnet eller felbehandlar barnet, och att han eller hon därför behöver skydda barnet från denna förälder.

Att det är denna förälder som säger sig vilja skydda barnet, som agerar med barnet som vapen för att få bort den andra föräldern ur barnets liv, blir inte synligt för dem som har till uppgift att fatta beslut och vidta åtgärder för barnets bästa. De kan således, liksom barnet som avskiljs, också bli manipulerade av den avskiljande föräldern.

Translated:

"Fathers and mothers that prevent children their contact with the other parent have something in common. It's about adults who can not separate their own needs from the needs of the child. It is obvious to most parents that their children need both their mother and father and their contact with various family network to the best for the child.

The parent who acts so that the child/children in connection with adult divorce, also separate from the other parent and that parents network, exhibit reduced parenting skills. It is usually a form of empathydisturbance in the adult, a disorder that is often not perceived by the environment. The various decision makers who have to do with the family often get a very positive impression of this parent. The parent often has a particular social talent: he or she knows how to give a good impression among other through help seeking attitude.

The helper does not perceive that this parent uses the child for their own benefit and needs, after what they verbally describes is the opposite. The parent often talk negatively about the other parent and claim for example that the parent act based on their own needs, do not understand the child or incorrectly treat the child, and that he or she therefore requires protecting the child from that parent.

That, it is this parent who claims to protect the child, thats using the child as a weapon to remove the parent from the child's life, will not be visible to those who

are tasked with making decisions and decide aid for the child. They can, just as the child separating, also be manipulated by the separating parent."

As Killen wrote, knowledge is here, but not in those we expect to have it. Coercive fine, after years of visitation sabotage, mother did not have to pay, "*impossibility*" you know, the child "would not" visit the father said the mother, while the child was crying over loss of her father. All contact ceased according to the judge, it was important that the child could sometimes prioritize other tasks on visitation time. Sometimes became all the times always! In the last cort ruling the judge believed my daughter should decide visitation her self, but children like this has no opinion of their own, she is made dependent of her narcissistic mother! Such children only repeat their mothers words.

Norwegian children's Minister *Inga Marte Thorkildsen* (socialist left wing party) says: "*You do not see it before you believe it*" about violence against children, but the narcissistic madness cant even be seen by those who think they know, for this kind of madness goes that "*You dont see or belive it, before you've felt it on your body, and even then it's hard to believe it*". It is human nature to seek explanations in the rational. It does not work with narcissists, because their logic is irrational.

Even fewer understand why they are destroyed themselves, lose themselves in the face of such emotional vampires. We are taught to take responsibility for our selves. Few understands narcissist façade, a psychological defense covering over an inner delirium, their nature of inconsistencies, logical flaws, fear of psychosis, the contact with the damaged self as unconsciously threatening deep in there somewhere. The memories from their own childhood trauma is displaced from consciousness. Those who truly understand, has done more than read books. They have felt the pain and confusion.



The dream of being a father, became the knowledge of the narcissistic madness. The meeting with the system that should protect the child, became the lesson of an arrogant system that destroyed my daughter forever, for lack of knowledge about this "perfect" insane, the ***covert narcissistic disorder***.

It is not the usual intelligence that fail in such a mother, who manipulates the system that they think will help the child, but who destroy the child, while they think they are helping the child. It is the *emotional intelligence* that is absent or as Kohut said "***Her personality is missing.***" Such absence does not prevent them play empathic theater. Such a mother has nothing to give my daughter, the roles are reversed, it's my daughter who must mirror the mother's needs, the needs of hatred, revenge and a lost self-affirmation. Mother identifies in the child, which destroys the child's need for identity.

Lack of such a mirroring from the child, leads to maternal expectations the child is not able to meet, shame is planted in my daughter. Nobody can live up to the mothers expectation. If they could, they would be better than her, and we cant have that, can we?

My daughters elusive smile reflects today the inner shame. Such children become sick children, for life. Such children will defend their mother, they truly believe the illusions they've grown up with. Outwardly my daughter seems to be functioning, until one asks how she really feels, "*What is the reason you dont you want to visit your own father?*" then one sees the defensive smile and contours of the *invisible child*. The projection of the mothers emptiness. When the most important thing is 100 "likes" on Facebook, the picture is complemented of the loss of who she really is.

In a world where my daughters Self perish, and where objective evidence of violence and abuse gives way to subjective impressions of the "poor" mother, one have to wonder if the world's gone mad. The dream of being a father, became the knowledge a system that can not or will not understand, it is so remote from their perceived reality that it challenge most people's image of reality. Could it be *that* bad? No, it's worse

Seeing my daughter perish from the inside, so that a sick person for a moment can feel acknowledged, is a painful experience, but to see that the system who presents itself as the guarantor of the child's best, helping these disturbed people to destroy the child in the belief that they are helping the child, is a manifestation of an arrogant madness and must be stopped! No one can help my ex, her personality is to disturbed, but many could have helped my daughter before it was too late.

This dynamics reminiscent of a parasite that makes the host work for them. Playing the victim role in a society where tolerance for deviation is more important than the childs best, can only be called *tyranny of tolerance*. Edmund Burke once said : "*All that is necessary for the triumph of evil is that good men do nothing*", as a father, I understand very well what he meant by that.

The dream that burst, became the visdom that this must be stopped! Losing my child hurt, but if knowledge can help other children from getting their personality destroyed, from losing their normal parent, then this makes sense in the madness. The last message to my daughter in December 2012:

Dear daughter

Your indifference to contact with me shows that your love for me is under attack / has ceased. Throughout your 14 years of life I have fought for your right to have contact with me. I realize that such contact is difficult for you / that you no longer want such contact. So I stop fighting, for you to have such contact. I hope it makes life easier for you. I wish you luck because I will always love you.

Dad

